

KALYANI STRATEGIC MANAGEMENT SERVICES LIMITED

(Formerly known as Kalyani Technologies Limited)

CIN No : U72200PN2008PLC132839

KSMSL Medical checkup Policy

In order to have a healthy environment and achieve the given target, it is very important to have all stakeholders Fit and Fine.

We conduct details medical checkups for all employees once in three years. This checkup helps employees to get necessary medical treatment if found any disease.

We do medical tests like blood pressure, Sugar, Retina checkups, vertigo checkups, and physical checkups compulsory for all employees.

Importance of test:

1. Blood Pressure- To achieve performance.
2. Sugar- Better stamina in works
3. Retina checkup- Eye sight performance.
4. Vertigo test- Performance improvement while working at a height
5. Physical checkup- To achieve performance

For, **Kalyani Strategic Management Services Limited**


Mr. Raju Kalyankar

(Regional Business Head)



KALYANI GROUP COMPANY

KALYANI TECHNOLOGIES LIMITED, INDUSTRY HOUSE, MUNDHWA, PUNE - 411 036, MAHARASHTRA, INDIA

PHONE + 91 20 2672500, FAX : + 91 20 26812589

E-Mail : info@kalyanitechnologies.com WEBSITE : www.kalyanitechnologies.com

KALYANI STRATEGIC MANAGEMENT SERVICES LIMITED

(Formerly known as Kalyani Technologies Limited)

CIN No : U72200PN2008PLC132839

To,
TATA Motors Ltd.
Pimpri Pune 411018

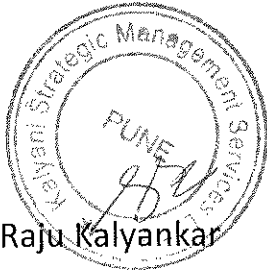
SUB: Medical Check up.

Dear Sir,

With reference to above subject, we are enclosed here with some Employees Medical Checkup certificate for your information,

We have this Procedure Continuously when we depute New Employee.

For, **Kalyani Strategic Management Services Limited**



Mr. Raju Kalyankar

(Regional Business Head)



KALYANI

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Shripad Gijare

From: Shripad Gijare <Shripad.Gijare@kalyanitechnologies.com>
Sent: 28 December 2022 16:00
To: Suvarna Kalekar
Subject: FW: Annual Health Check Up 2022- Pune Location
Attachments: Process & Details- Jehangir Hospital.pdf; Groups & Tests - Employees.xls

From: Piyush Jain <Piyush.Jain@kalyanitechnologies.com>
Sent: 06 May 2022 18:10
To: Aparna Bembalkar <Aparna.Bembalkar@kalyanitechnologies.com>; Manasi Nimbalkar <Manasi.Nimbalkar@kalyanitechnologies.com>; Nisha Shinde <Nisha.Shinde@kalyanitechnologies.com>; Pradnya Hargude <Pradnya.Hargude@kalyanitechnologies.com>; Shilpa Shirwadkar <Shilpa.Shirwadkar@kalyanitechnologies.com>; Sikha Singh <Sikha.Singh@kalyanitechnologies.com>; Sujata Nagpure <Sujata.Nagpure@kalyanitechnologies.com>; Sushmita Singh <Sushmita.Singh@kalyanitechnologies.com>; Swaroopa Deshmukh <SwaroopaDeshmukh@kalyanitechnologies.com>; BA_09 Rutuja Tarapurkar <rutujastarapurkar@coep.sveri.ac.in>; nimbalkarmahima@gmail.com; Pravin Joshi <Pravin.Joshi@kalyanitechnologies.com>; Milind Nikumbh <Milind.Nikumbh@kalyanitechnologies.com>; Gautam Karve <Gautam.Karve@kalyanitechnologies.com>; Uday Deshpande <uday.deshpande@kalyanitechnologies.com>; Shrinivas Kulkarni <Shrinivas.Kulkarni@kalyanitechnologies.com>; Milind Lolap <Milind.Lolap@kalyanitechnologies.com>; Deepak Gorivale <Deepak.Gorivale@kalyanitechnologies.com>; Pankaj Laddha <Pankaj.Laddha@kalyanitechnologies.com>; Nisarga Patil <Nisarga.Patil@kalyanitechnologies.com>; tejas.mulay@external.atlascopco.com; Sagar Chitare <Sagar.Chitare@kalyanitechnologies.com>; babahiwale@gmail.com; Mahendra Thakare <Mahendra.Thakare@kalyanitechnologies.com>; Dilip Dahibhate <Dilip.Dahibhate@kalyanitechnologies.com>; Mahesh Wagh <Mahesh.Wagh@kalyanitechnologies.com>; Sharad Kadam <Sharad.Kadam@kalyanitechnologies.com>; Kalpesh Chordia <Kalpesh.Chordia@kalyanitechnologies.com>; Mahesh Phansalkar <Mahesh.Phansalkar@kalyanitechnologies.com>; Shahaji Sonawale <Shahaji.Sonawale@kalyanitechnologies.com>; somnathsawant05@gmail.com; Sameer Yadav <Sameer.Yadav@kalyanitechnologies.com>; Vikas Pathare <Vikas.Pathare@kalyanitechnologies.com>; vijay19920822@gmail.com; chanduchikane@gmail.com; anandchikane9990@gmail.com; Kedar Hirole <Kedar.Hirole@kalyanitechnologies.com>; Kedar Katdare <Kedar.Katdare@kalyanitechnologies.com>; Milind Lolap <Milind.Lolap@kalyanitechnologies.com>; Vishal Jadhav <Vishal.Jadhav@kalyanitechnologies.com>; Aniruddha Shiroadkar <Aniruddha.Shiroadkar@kalyanitechnologies.com>; Sandeep Salve <Sandeep.Salve@kalyanitechnologies.com>; Suresh Adal <Suresh.Adal@kalyanitechnologies.com>; Shripad Gijare <Shripad.Gijare@kalyanitechnologies.com>; Shirish Bartakee <Shirish.Bartakee@kalyanitechnologies.com>; Pankaj Phopse <Pankaj.Phopse@kalyanitechnologies.com>; Pratik Sonar <Pratik.Sonar@kalyanitechnologies.com>; Prerit Shukla <Prerit.Shukla@kalyanitechnologies.com>; shivramsakhare@gmail.com; Mihir Trivedi <Mihir.Trivedi@kalyanitechnologies.com>; Piyush Jain <Piyush.Jain@kalyanitechnologies.com>; Raju Kalyankar <Raju.Kalyankar@kalyanitechnologies.com>; Dinesh Shinde <Dinesh.Shinde@kalyanitechnologies.com>; Yogesh Anarse <Yogesh.Anarse@kalyanitechnologies.com>; santoshpore7@gmail.com; Rahul Jadhav <Rahul.Jadhav@kalyanitechnologies.com>; Jeevan Herekar <Jeevan.Herekar@kalyanitechnologies.com>; Yogesh Zope <yzope@bharatforge.com>; Anand Patil <Anand.Patil@kalyanitechnologies.com>; Deepak Jaiswal <Deepak.Jaiswal@kalyanitechnologies.com>; Rahul Sahane <Rahul.Sahane@kalyanitechnologies.com>; Dayanand Dongare <Dayanand.Dongare@kalyanitechnologies.com>; Anil Vispute <Anil.Vispute@kalyanitechnologies.com>; Pravin Pawar <Pravin.Pawar@kalyanitechnologies.com>; sachin.darwatkar87@gmail.com; Sachin Shikhare <Sachin.Shikhare@kalyanitechnologies.com>; Dnyaneshwar Kadam <dhkadam@bharatforge.com>; Gajanan Dixit <Gajanan.Dixit@kalyanitechnologies.com>; G N Shinde <Ganesh.Shinde@kalyanitechnologies.com>; shirsath.ramesh01@gmail.com; kamleshmarathe20@gmail.com; Akshay Raul <Akshay.Raul@kalyanitechnologies.com>; Hashim Khan <Hashim.Khan@kalyanitechnologies.com>; Sagar Walunj



<Sagar.Walunj@kalyanitechnologies.com>; Suraj Patil <Suraj.Patil@kalyanitechnologies.com>; Prashant Devre <Prashant.Devre@kalyanitechnologies.com>; janakmase347@gmail.com; Mahendra Phapale <Mahendra.Phapale@kalyanitechnologies.com>; ganeshjadhav1995.21@gmail.com; Ketan Kokate <Ketan.Kokate@kalyanitechnologies.com>; Palash Mohite <Palash.Mohite@kalyanitechnologies.com>; Darshan Bhambar <Darshan.Bhambar@kalyanitechnologies.com>; Ajay M <Ajay.M@kalyanitechnologies.com>; sunilshahare3589@gmail.com; Sachin Thorat <Sachin.Thorat@bharatforge.com>; Ashok Telange <ashoktelange0101@gmail.com>

Subject: Annual Health Check Up 2022- Pune Location

<DO NOT FORWARD OR SHARE>

Dear All,

Would delighted to inform you that we have finalized “Health Check Up” for this year in collaboration with “**Jehangir Hospital**”.

- Attached is the excel sheet includes tests lists & groups. Employees are sub divided in groups randomly. You need to check your name and so the Group number & Date.

- Attached is the document includes, process, guidelines/timings . Request all to co-operate and visit as per group assigned and follow the process & guidelines.

Lastly, Please do not skip this, as “OUR FIRST WEALTH IS OUR HEALTH”... ☺

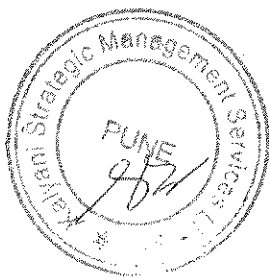
Thanks & Regards

Piyush Jain

Manager- HR

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This message has been analyzed by Deep Discovery Email Inspector.



Sandeep Salve

From: Piyush Jain <Piyush.Jain@kalyanitechnologies.com>
Sent: 07 June 2022 09:48
To: KTL ALL
Subject: Session on Prevention of heart attack and heart diseases" by Dr. Purvez Grant ,Ruby Hall Clinic, Pune on Tuesday, 7th June 2022 at 3.30 p.m.

Dear Team,

Request you to attend session today on "Prevention of heart attack and heart diseases" alongwith family members.

Details:

Date	Tuesday 7 th June 2022
Time	3.30 p.m. to 4.30 p.m.
Speaker	DR. PURVEZ. K. GRANT Managing Trustee & Chief Cardiologist, Grant Medical Foundation, Ruby Hall Clinic, Pune
Link for the session	Join Zoom Meeting https://zoom.us/j/92259617374 Meeting ID: 922 5961 7374 Passcode: 406880

Regards
Piyush Jain
Manager HR
KSMSL, Pune

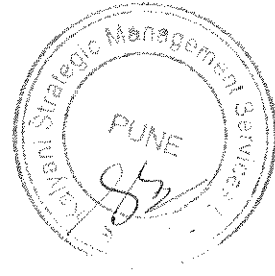
From: Leena Deshpande <LDeshpande@bharatforge.com>
Sent: Tuesday, June 7, 2022 9:03 AM
To: BFL_Everyone <everyoneBFL@bharatforge.com>
Subject: Session on Prevention of heart attack and heart diseases" by Dr. Purvez Grant ,Ruby Hall Clinic, Pune on Tuesday, 7th June 2022 at 3.30 p.m.

Dear All,

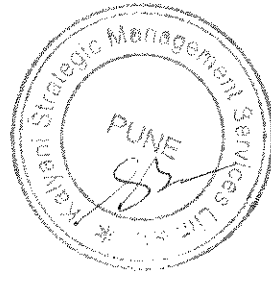
We have organized online Awareness Sessions on "Prevention of heart attack and heart diseases" for the employees & their family members on **Tuesday 7th June 2022 at 3.30 p.m.** The topic has importance from the point of view of increased stress levels, competition, changed lifestyle due to pandemic and other reasons.

The guidance for healthy lifestyle and prevention of major diseases like heart trouble is important.

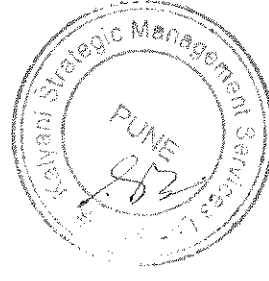
The session will be conducted in Marathi/ Hindi/English by Dr Purvez Grant of Ruby hall Clinic, Pune



S. No	Name	Gender	Dept.	Location	Group No	Date	Day
1	Aparna Bembalkar	Female	Projects	KTL- Sohrab Hall	Group 1	16-May-22	Monday
2	Manasi Nimbalkar	Female	Projects	KTL- Sohrab Hall	Group 1	16-May-22	Monday
3	Nisha Shiinde	Female	IOT- R&D	BFL-Mundhwa	Group 1	16-May-22	Monday
4	Pradnya Hargude	Female	App Dev.	BFL-Mundhwa	Group 1	16-May-22	Monday
5	Shilpa Shirwadkar	Female	Accounts	KTL- Sohrab Hall	Group 1	16-May-22	Monday
6	Sikha Singh	Female	IOT- R&D	BFL-Mundhwa	Group 1	16-May-22	Monday
7	Sujata Nagpure	Female	IT Infra	BFL-Mundhwa	Group 1	16-May-22	Monday
8	Sushmita Singh	Female	Info Sec	BFL-Mundhwa	Group 1	16-May-22	Monday
9	Malati Kamble	Female	Office Assistant	KTL- Sohrab Hall	Group 1	16-May-22	Monday
10	Prajakta Deshmukh	Female	Finance	BFL-Mundhwa	Group 1	16-May-22	Monday
11	Rutuja Tarapurkar	Female	IOT- R&D	BFL-Mundhwa	Group 1	16-May-22	Monday
12	Mahima Nimbalkar	Female	IOT- R&D	BFL-Mundhwa	Group 1	16-May-22	Monday
13	Pravin Joshi	Male	IT Infra	BFL-Mundhwa	Group 2	17-May-22	Tuesday
14	Milind Nikumbh	Male	App Dev.	BFL-Mundhwa	Group 2	17-May-22	Tuesday
15	Gautam Karve	Male	Design	BFL-Mundhwa	Group 2	17-May-22	Tuesday
16	Uday Deshpande	Male	Accounts	KTL- Sohrab Hall	Group 2	17-May-22	Tuesday
17	Shrinivas Kulkarni	Male	DC Infra	BFL-Mundhwa	Group 2	17-May-22	Tuesday
18	Deepak Dhamat	Male	App Dev.	BFL-Mundhwa	Group 2	17-May-22	Tuesday
19	Deepak Gorivale	Male	Store	KTL- Sohrab Hall	Group 2	17-May-22	Tuesday
20	Pankaj Laddha	Male	App Dev.	BFL-Mundhwa	Group 2	17-May-22	Tuesday
21	Nisarga Patil	Male	IT Infra	BFL-Mundhwa	Group 2	17-May-22	Tuesday
22	Tejas Mulay	Male	ETS	KTL- Sohrab Hall	Group 2	17-May-22	Tuesday
23	Sagar Chitare	Male	Info Sec	BFL-Mundhwa	Group 2	17-May-22	Tuesday
24	Babasaheb Hiwale	Male	Projects	KTL- Sohrab Hall	Group 2	17-May-22	Tuesday
25	Mahendra Thakare	Male	IT Infra	KTL-Mundhwa	Group 2	17-May-22	Tuesday
26	Dilip Dahibhate	Male	App Dev.	BFL-Mundhwa	Group 3	18-May-22	Wednesday
27	Mahesh Wagh	Male	Info Sec	BFL-Mundhwa	Group 3	18-May-22	Wednesday
28	Sharad Kadam	Male	IT Infra	BFL-Mundhwa	Group 3	18-May-22	Wednesday
29	Kalpesh Chordia	Male	App Dev.	BFL-Mundhwa	Group 3	18-May-22	Wednesday
30	Mahesh Phansalkar	Male	IT Infra	BFL-Mundhwa	Group 3	18-May-22	Wednesday
31	Shahaji Sonawale	Male	Accounts	KTL- Sohrab Hall	Group 3	18-May-22	Wednesday
32	Somnath Sawant	Male	IT Infra	Industry House	Group 3	18-May-22	Wednesday



33	Sameer Yadav	Male	BFL Finance	BFL-Mundhwa	Group 3	18-May-22	Wednesday
34	Vikas Pathare	Male	ETS	KTL- Sohrab Hall	Group 3	18-May-22	Wednesday
35	Vijay Gaikwad	Male	ETS	KTL- Sohrab Hall	Group 3	18-May-22	Wednesday
36	Chandrakant Chikane	Male	IT Infra	BFL-Mundhwa	Group 3	18-May-22	Wednesday
37	Anand Chikane	Male	Projects	KTL- Sohrab Hall	Group 3	18-May-22	Wednesday
38	Kedar Hirole	Male	Networking	BFL-Mundhwa	Group 3	18-May-22	Wednesday
39	Kedar Katdare	Male	DC Infra	BFL-Mundhwa	Group 4	19-May-22	Thursday
40	Milind Lolap	Male	DC Infra	BFL-Mundhwa	Group 4	19-May-22	Thursday
41	Vishal Jadhav	Male	App Dev.	BFL-Mundhwa	Group 4	19-May-22	Thursday
42	Anirudha Shirodkar	Male	ETS	KTL- Sohrab Hall	Group 4	19-May-22	Thursday
43	Sandeep Salve	Male	Purchase	KTL- Sohrab Hall	Group 4	19-May-22	Thursday
44	Suresh Adal	Male	IT Infra	KCTI keshavnagar	Group 4	19-May-22	Thursday
45	Shripad Gijare	Male	Projects	KTL- Sohrab Hall	Group 4	19-May-22	Thursday
46	Shirish Bartakke	Male	IT Infra	Industry House	Group 4	19-May-22	Thursday
47	Pankaj Phopse	Male	IOT- Projects	BFL-Mundhwa	Group 4	19-May-22	Thursday
48	Pratik Sonar	Male	Projects	KTL- Sohrab Hall	Group 4	19-May-22	Thursday
49	Prerit Shukla	Male	Sales	KTL- Sohrab Hall	Group 4	19-May-22	Thursday
50	Shivram Sakhare	Male	Projects	KTL- Sohrab Hall	Group 4	19-May-22	Thursday
51	Mihir Trivedi	Male	IOT- R&D	BFL-Mundhwa	Group 4	19-May-22	Thursday
52	Piyush Jain	Male	HR	BFL-Mundhwa	Group 5	20-May-22	Friday
53	Raju Kalyankar	Male	Sales	KTL- Sohrab Hall	Group 5	20-May-22	Friday
54	Dinesh Shinde	Male	Projects	KTL- Sohrab Hall	Group 5	20-May-22	Friday
55	Yogesh Anarse	Male	Networking	BFL-Mundhwa	Group 5	20-May-22	Friday
56	Santosh Pore	Male	Projects	KTL- Sohrab Hall	Group 5	20-May-22	Friday
57	Rahul Jadhav	Male	IT Infra	BFL-Mundhwa	Group 5	20-May-22	Friday
58	Jeevan Herekar	Male	ETS	KTL- Sohrab Hall	Group 5	20-May-22	Friday
59	Yogesh Zope	Male	ITS	BFL-Mundhwa	Group 5	20-May-22	Friday
60	Anand Patil	Male	IT Infra	Industry House	Group 5	20-May-22	Friday
61	Deepak Jaiswal	Male	IOT- R&D	BFL-Mundhwa	Group 5	20-May-22	Friday
62	Rahul Sahane	Male	IOT- Projects	BFL-Mundhwa	Group 5	20-May-22	Friday
63	Dayanand Dongare	Male	KCTI-IT	KCTI keshavnagar	Group 5	20-May-22	Friday
64	Anil Vispute	Male	Projects	KTL- Sohrab Hall	Group 5	20-May-22	Friday
65	Pravin Pawar	Male	IOT- Projects	BFL-Mundhwa	Group 6	23-May-22	Monday
66	Sachin Darwatkar	Male	IT Infra	BFL-Mundhwa	Group 6	23-May-22	Monday



67	Sachin Shikhare	Male	Projects	KTL- Sohrab Hall	Group 6	23-May-22	Monday
68	Dnyaneshwar Kadam	Male	DC Infra	BFL-Mundhwa	Group 6	23-May-22	Monday
69	Gajanan Dixit	Male	Networking	BFL-Mundhwa	Group 6	23-May-22	Monday
70	Ganesh Shinde	Male	Store	KTL- Sohrab Hall	Group 6	23-May-22	Monday
71	Ramesh Shirsath	Male	Projects	KTL- Sohrab Hall	Group 6	23-May-22	Monday
72	Kamlesh Marathe	Male	Projects	KTL- Sohrab Hall	Group 6	23-May-22	Monday
73	Akshay Raul	Male	App Dev.	BFL-Mundhwa	Group 6	23-May-22	Monday
74	Hashim Khan	Male	IOT- R&D	BFL-Mundhwa	Group 6	23-May-22	Monday
75	Sagar Walunj	Male	App Dev.	BFL-Mundhwa	Group 6	23-May-22	Monday
76	Suraj Patil	Male	IOT- Projects	BFL-Mundhwa	Group 6	23-May-22	Monday
77	Prashant Devre	Male	App Dev.	BFL-Mundhwa	Group 6	23-May-22	Monday
78	Janak Maske	Male	IT Infra	BFL-Mundhwa	Group 7	24-May-22	Tuesday
79	Mahendra Phapale	Male	Projects	KTL- Sohrab Hall	Group 7	24-May-22	Tuesday
80	Ganesh Jadhav	Male	IT Infra	BFL-Mundhwa	Group 7	24-May-22	Tuesday
81	Ketan Kokate	Male	App Dev.	BFL-Mundhwa	Group 7	24-May-22	Tuesday
82	Palash Mohite	Male	App Dev.	BFL-Mundhwa	Group 7	24-May-22	Tuesday
83	Darshan Bhambar	Male	IOT- Projects	BFL-Mundhwa	Group 7	24-May-22	Tuesday
84	Ajay Mandawale	Male	Sales	KTL- Sohrab Hall	Group 7	24-May-22	Tuesday
85	Sonu Kumar	Male	IOT- R&D	BFL-Mundhwa	Group 7	24-May-22	Tuesday
86	Sunil Sahare	Male	Office Assistant	KTL- Sohrab Hall	Group 7	24-May-22	Tuesday
87	Ravi Patole	Male	Office Assistant	BFL-Mundhwa	Group 7	24-May-22	Tuesday
88	Sachin Thorat	Male	ITD	BFL-Mundhwa	Group 7	24-May-22	Tuesday
89	Ashok Telange	Male	Admin/HR	BFL-Mundhwa	Group 7	24-May-22	Tuesday
90	Ramesh Bejekar	Male	Training	BFL-Mundhwa	Group 7	24-May-22	Tuesday