


**PERFORMA FOR MEDICAL FITNESS CERTIFICATE FOR FOOD HANDLERS  
(FOR THE YEAR 2023)**

**(See Para No.10.1.2.Part-Ii, Schedule – 4 Of FSS Regulation, 2011)**

It is certified that **SATHYA T** Age – 40 Years, Gender - **FEMALE**,  
**M/s. VAJRA CATERING AND HOSPITALITY SERVICES PVT. LTD.,**  
coming in direct contact with food items has been carefully examined  
\* by me on date – **01.11.2023** based on the medical examination conducted.  
**SHE** is found free from any infections or communicable diseases and the  
person is **FIT** to work in the above mentioned food establishment.

  
**Dr. A. VIGNESHWARAN**  
General Physician  
Reg. No. 119152

**Name and Signature With Seal  
Of Registered Medical Practitioner**

• **MEDICAL EXAMINATION CONDUCTED**

1. Physical examination
2. Eye test
3. Skin examination
4. Compliance with schedule of vaccine to be inoculated against enteric group of diseases
5. Any test required to confirm any communicable or infectious disease which the person suspected to be suffering from on clinical examination.



# MM MEDICAL & LABORATORY SERVICES PVT.LTD

CIN: U85300TN2021PTC147895

GSTIN: 33AAPCM1848N1ZX

PATIENT NAME : SATHYA T

COLLECTED DATE : 01.11.2023

AGE/SEX : 40/ FEMALE

REPORTED DATE : 01.11.2023

COMPANY NAME : VAJRA CATERING SERVICES.,

TEST	RESULT	REFERENCE VALUE
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## HAEMATOLOGY

### COMPLETE HAEMOGRAM

RBC COUNT	: 4.06 Millions/cmm	Male:4.50-6.5, Female:3.8-5.8
HAEMOGLOBIN	: 10.5 gm/dl	Male:13.0-17.0,Female:11.5-16.0
HAEMATOCRIT (PCV)	: 32.5 %	Male:40 - 54 ,Female:37 - 47
MCV	: 76.8 ft	80- 100
MCH	: 29.5 pg	27 - 32
MCHC	: 28.9 %	30 - 36
TOTAL WBC COUNT	: 7300 Cells/cmm	4500 - 10000

### DIFFERENTIAL COUNT

NEUTROPHILIS	: 66 %	50 - 70
LYMPHOCYTES	: 25 %	25 - 50
EOSINOPHILS	: 6 %	1 - 6
MONOCYTES	: 3 %	1 - 10
BASOPHIL	: 00 %	0 - 2
PLATELETS COUNT	: 3.98 Lakhs/cm	1.5 - 4.0

## SEROLOGY

HIV I & II	: NON - REACTIVE
VDRL	: NON - REACTIVE
HbsAg	: NEGATIVE

### WIDAL

SALMONELLA TYPHI "O"	: 1:20 NEGATIVE IN DIL
SALMONELLA TYPHI "H"	: 1:20 NEGATIVE IN DIL
SALMONELLA PARATYPHI A"H"	: 1:20 NEGATIVE IN DIL
SALMONELLA PARATYPHI B"H"	: 1:20 NEGATIVE IN DIL



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## URINEROUTINEEXAM

### Macroscopic :

Albumin :NIL  
Sugar :NIL  
Reaction : ACIDIC  
Bilirubin : NEG  
Urobilinogen : NORMAL

### Microscopic :

Epithelial cell:1-2  
Pus cells : 2-4  
RBC's : NIL  
Cast : NIL  
Crystals : NIL

## STOOLROUTINEEXAM

### Macroscopic :

Colour : Yellow  
Consistency : Semi-solid  
Blood : Nil  
Mucus : present

### Microscopic :

Pus cells : 0-2  
RBC's : NIL  
Ova : NIL  
Cyst : NIL

## MICROBIOLOGY

### URINE CULTURE & SENSITIVITY

SAMPLE : URINE  
CULTURE REPORT : NO ORGANISM GROWTH IN CULTURE

### STOOL CULTURE & SENSITIVITY

SAMPLE : STOOL  
CULTURE REPORT : NO ORGANISM GROWTH IN CULTURE

Dr.G.KARTHICK.,MBBS.,MD (Pathology)

Reg. No. 127667



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CIN: U85300TN2021PTC147895

GSTIN: 33AAPCM1848N1ZX

## VISION TEST REPORT

EMP.NAME : SATHYA T      AGE/SEX : 40 / FEMALE      DATE : 01.11.2023

COMPANY NAME : VAJRA CATERING SERVICES.,

Patient Complaints : Nil

Visual Activities : Normal

Right Eye : 6/6 Normal

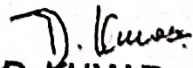
Left Eye : 6/6 Normal

Near Vision : N6 Normal

Colour Vision : Normal

Referral Spectacles : No

Remarks : Normal

  
D. KUMAR  
Consultant Optometrist  
Regd. No. 376218